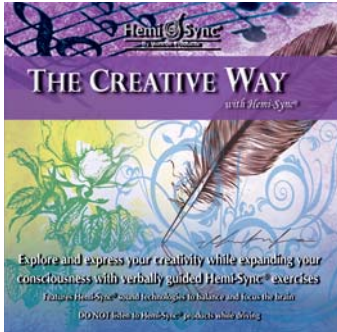


2008 New Releases

New Hemi-Sync® Album Series



The Creative Way with Hemi-Sync® with Patty Ray Avalon

Reawaken your talents and creative abilities as you gain self awareness and expand your mind to live a more enriched, expanded and productive life. *The Creative Way with Hemi-Sync®* uses guided meditations, affirmations, creative visualizations, and other tools to help you identify and overcome/transform blocks, stay open to new possibilities and ideas, and connect with your inner creative self and other sources of inspiration. Another title by Patty Ray Avalon is *Positively Ageless with Hemi-Sync®*.

A Guidance Manual and eight exercises on four CDs are included: *The Way of Hemi-Sync®, Affirming Your Creativity, Meeting the Muses, Meeting with Your Special Muse, Clearing the Channels, Shine, The Inner Creator, and H-Plus® Possibilities*.

ITEM# CW001C \$59.85 (4 CDs)



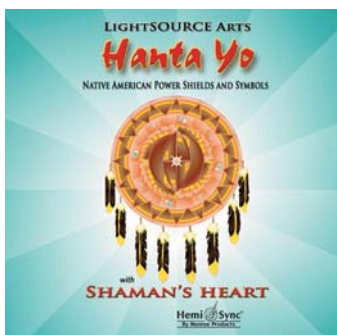
The Shaman's Heart Program with Byron Metcalf, Ph.D. The Path of Authentic Power, Purpose, and Presence

Learn to live from a heart-centered and soul-based perspective with this unique and powerful combination of shamanic practice, ancient wisdom, various methods of spiritual growth, and Hemi-Sync®. Dr. Metcalf has created a comprehensive program to help you fully develop your authentic power, purpose and presence by exploring and developing the heart from a shamanic and transpersonal perspective.

This program consists of four CDs containing six verbally guided exercises, a special version of Metcalf's award-winning *Metamusic®* title, *The Shaman's Heart with Hemi-Sync®* CD, and a comprehensive guidance manual.

ITEM# SH001C \$59.85 (4 CDs)

New from LightSOURCE Arts



Hanta Yo with Hemi-Sync®

Native American power shields and symbols

Hanta Yo presents classic Native American shields, power symbols, and medicine wheels ... finely illustrated and brought to life with scintillating color and LightSOURCE animation.

Hanta Yo! is a Lakota Sioux invocation and prayer that calls upon the Great Spirit to clear the way and make the path ready for the seeker's spiritual evolution.

Included with *Hanta Yo* is *The Shaman's Heart Metamusic®* soundtrack, which merges spell-binding shamanic music with Hemi-Sync® technology to create an unprecedented sonic landscape. The haunting stylings of Byron Metcalf and guest artist Steve Roach combined with Hemi-Sync® whisk you away to an immersive shamanic ceremonial experience.

Created by software designer and artist Mika Feinberg, *Hanta Yo* offers a uniquely beautiful portal into Native American cosmology.

Windows and Macintosh computers. Optimized for High Definition and Wide Screen monitors.

ITEM# LS0006D \$34.95 (DVD)
 ITEM# LS0006C \$39.95 (CD-ROM)

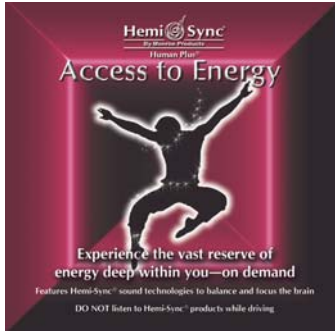
Human Plus®

For the first time in 13 years we are delighted to announce the release of four new Human Plus® (H-Plus®) CDs, as well as a new H-Plus exercise contained in *The Creative Way*.

Developed by founder Robert Monroe in the late 1980s, H-Plus is a means of utilizing the immense power of the subconscious to affect change in your life. Each H-Plus CD (or Function Exercise) contains precise combinations of Hemi-Sync® frequencies that gently draw you into an extraordinarily receptive, whole-brain state while establishing the Access Channel—the ultimate communication channel to all levels of awareness—mental, physical, and emotional.

By design, the Access Channel is opened during each Function Exercise, allowing you to learn a different Function Command (short verbal cue), ranging from controlling your appetite to increasing your energy. Once the Function Command has become encoded while the Access Channel is open, you can then call upon or “activate” that Function at any time, on demand, in everyday life situations.

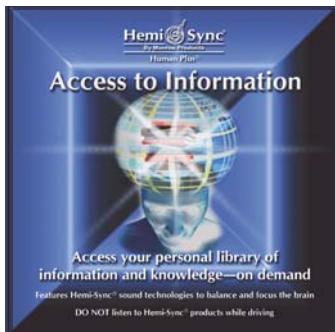
The H-Plus series offers a different kind of pathway to new levels of freedom—to becoming Human Plus. Become more than you ever believed you could be, one step at a time. Explore and develop your H-Plus potential.



Access to Energy

Explore and experience the vast reserve of energy deep within you, and learn to access that energy anytime you wish. Use *Access to Energy* to increase strength, agility, alertness, stamina, or to simply feel vigorous all over, and enjoy increased satisfaction and productivity. Length: 71 minutes.

ITEM# HP062CN \$19.95 (CD)



Access to Information

Enhance your ability to access your own personal library of information and knowledge. Bring wisdom, teachings, events, life experiences, or any other information you wish to retrieve into your waking conscious memory at any moment you desire. Use *Access to Information* to help you greatly improve your recall abilities and contribute to your overall well-being. Length: 71 minutes.

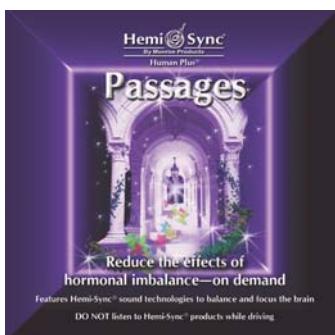
ITEM# HP063CN \$19.95 (CD)



Do This Now

Move forward and increase your energy and enthusiasm for starting, continuing or completing actions and tasks any time you wish. Procrastination can result in increased stress, a sense of guilt, and a loss of personal productivity. *Do This Now* helps you tap into your positive life force flow, releasing all blocks within yourself resistant to energetic, effective action. Use this energy to access your full capabilities—to be all of who you are, complete all that you wish to accomplish, and create all that you desire. Length: 61 minutes.

ITEM# HP064CN \$19.95 (CD)



Passages

Support and enhance your physical, emotional, mental and spiritual well-being as you experience normal fluctuations in hormonal balance. Hormonal changes occur periodically from puberty to old age, and imbalances can negatively affect one's quality of life. Use *Passages* to ease the effects of these imbalances, to feel more regulated and empowered, and to promote more peaceful and satisfying life changes. Length: 66 minutes.

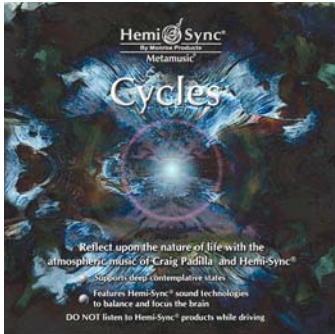
ITEM# HP065CN \$19.95 (CD)



Beneath the Moon with Hemi-Sync®

Explore the mystical realm between sunset and sunrise as the enchanting and emotive music of Deborah Martin and Hemi-Sync® lead you on a profound inner journey. As you move through these higher dimensions, your consciousness soars beyond the stars to a place of connection, and inner peace washes over you. Awaken to the mysteries of the universe, and your own hidden self. Instruments include ambient electric and acoustic guitar, bass, keyboards, orchestral textures, Taos drums and flute. Several tracks from the original album *Under the Moon* were used extensively on NBC's coverage of the 1996 Olympic Games. Another *Metamusic®* title by Deborah Martin is *Convergence with Hemi-Sync®*. Length: 57 minutes.

ITEM# MA081CN \$19.95 (CD)



Cycles

This hauntingly beautiful and atmospheric music will take the listener deep inside while contemplating the very fabric of existence. Craig Padilla's *Cycles* (originally titled *Genesis*) was inspired by his awareness of the cyclical nature of life and the universe, and features electronic ambiances and vintage analog instrumentation with the addition of Hemi-Sync® frequencies. Ascend to a higher plane, sit quietly, and listen for the message within. Length: 51 minutes.

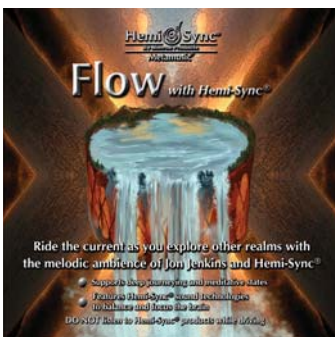
ITEM# MA082CN \$19.95 (CD)



Dreamland

Centered...balanced...serene. These are just a few of the states you may experience as the elegant and mesmerizing soundscapes of Laura Nashman and Michael Moon, and Hemi-Sync® frequencies carry you from deep relaxation into restful sleep. The magic of this composition lies in the tranquil melodies, absent of direct rhythms that allow you to flow with your own natural rhythms as you drift into dreamland. Instruments include: alto flute, silver flute, native flute, vibraharp, orchestra bells, wind chimes, and crystal chimes. Length: 63 minutes.

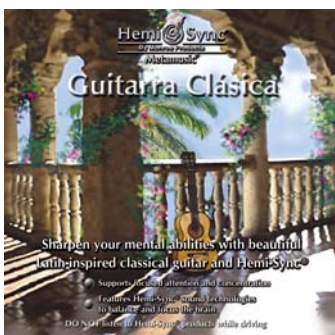
ITEM# MA083CN \$19.95 (CD)



Flow with Hemi-Sync®

Ride the current to a profound state of relaxation and exploration with the expertly crafted and dramatic ambient melodies of Jon Jenkins and Hemi-Sync®. Using water as an analogy—its quality of instability, mobility, having no fixed shape but adapting itself to other shapes—Jenkins creates an elegant composition ideal for shamanic journeying, or for powerful meditative experiences. Instruments featured: keyboards, electric guitars, and percussion (including Taos drums). Length: 73 minutes

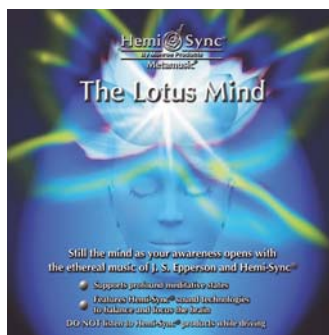
ITEM# MA084CN \$19.95 (CD)



Guitarra Clásica

Sharpen your mental abilities, enhance memory and sustain focus and concentration with this beautiful collection of Latin-inspired classical guitar and Hemi-Sync®. Félix Rodríguez, a virtuoso guitarist from Puerto Rico, offers his renditions of classical pieces from composers such as: Agustín Barrios Mangoré, Heitor Villa-Lobos, Francisco Tárrega, Mario Castelnuovo Tedesco, Heraclio Fernández, Stanley Myers, and Johann Sebastian Bach. Combined with special Hemi-Sync® frequencies, this delightful *Metamusic®* selection may also be helpful for ADD/ADHD, dyslexia and other learning challenges. Length: 47 minutes

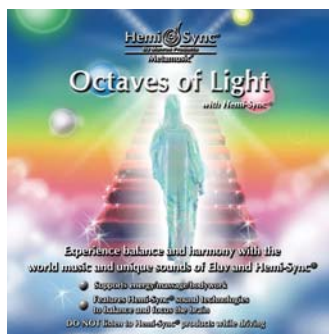
ITEM# MA085CN \$19.95 (CD)



The Lotus Mind

The lotus grows in the murky water of still ponds and lakes. The magnificent blossom unfolds gradually in the sunlight, one petal at a time, and is seen as a metaphor for the development of the individual towards enlightenment. The ethereal sounds of J.S. Epperson's electronic music mixed with Hemi-Sync® frequencies provide an ideal vehicle for stilling and opening the mind and heart, allowing for the evolving of consciousness. Other **Metamusic®** titles by J.S. Epperson: *Ascension*, *Einstein's Dream*, *Hemi-Sync® in Motion*, *Higher*, *Illumination*, *Indigo*, and *Remembrance*. Length: 42 minutes.

ITEM# MA086CN \$19.95 (CD)



Octaves of Light with Hemi-Sync®

Sound and music have been used since ancient times for healing and transformation. International recording artist Eluv has created a unique blend of world music and sound based on her divine inspiration to help others. Combined with Hemi-Sync® frequencies to bring balance and harmony, this delicate and beautiful music also supports the benefits of energy and bodywork. Instruments featured: didgeridoo, tubular bells, crystal singing bowls (in the key of the heart chakra) Native American flute, Indian flute, keyboards, chimes, shenai, tabla, pipa, nature sounds, and Eluv's captivating voice as a celestial instrument on select tracks. Length: 63 minutes.

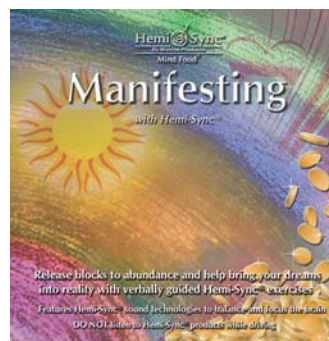
ITEM# MA087CN \$19.95 (CD)



Seaside Slumber

Drift gently into deep, restorative sleep with soothing ocean waves, solo piano, and Hemi-Sync®. Studies have shown that the sounds of waves washing against rocks and beaches can enhance your sense of well being. Combined with the healing music of Steven Halpern, the delta frequencies of Hemi-Sync® lull you into a place of deep relaxation, tranquility and peace. Halpern performs on a Yamaha C-7 grand piano and Rhodes electric piano. Another **Metamusic®** title by Steven Halpern is *Deep Journeys*. Length: 74 minutes.

ITEM# MA088CN \$19.95 (CD)



Manifesting with Hemi-Sync®

The movie, *The Secret*, created quite a buzz about manifesting, but failed to explain how to really go about doing this. Conscious manifestation is not as simple as thinking about whatever you want and it will come true. The manifestation process involves all parts of us—as well as energies outside of us—and is most effective and rewarding when we have an open heart and a greater understanding of the process. Using his expertise in manifestation, Joe Gallenberger, Ph.D., has created verbally guided exercises, combined with special Hemi-Sync® frequencies, to expand your awareness and energy to assist you in creating new or enhanced patterns that you may desire. Greatly enhance your ability to manifest positive elements in your life. Features two CDs; one is an overview from Dr. Gallenberger about the manifestation process; the other has two verbally guided exercises.

ITEM# MF055CN \$19.95 (CD)