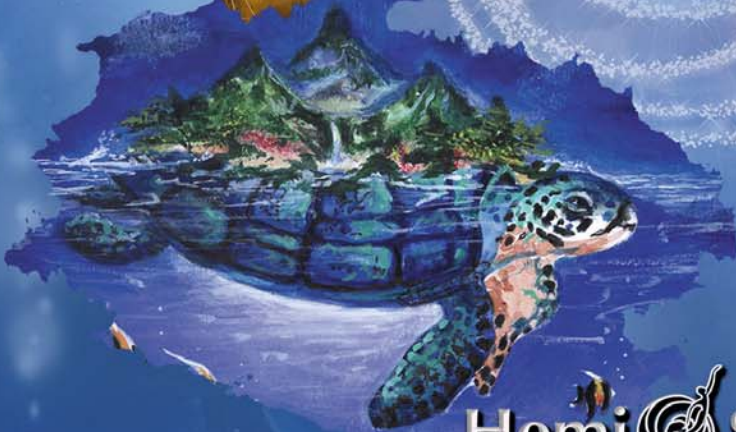


Monroe Products®

2006 New Releases



Hemi Sync
By Monroe Products

Our 2005 new release season was the most ambitious ever for new Hemi-Sync® titles and our 2006 launch is equally ambitious. Our focus has been to broaden the range of musical genres and instrumentation represented in our growing catalog of **Metamusic®** titles.

Last year, in response to escalating global interest in shamanism, we elected to release three shamanic pieces. All three have remained at the top of the charts with *The Shaman's Heart* leading the pack. We are pleased to present three additional shamanic pieces for 2006. *Spirit Gathering*, by Byron Metcalf, is a multi-dimensional classic and the perfect follow up to Metcalf's top-selling, *The Shaman's Heart*. *The Dreaming Gate* by Inlakesh* (*a Mayan term meaning "I am another yourself") features "dreamtime" didgeridoo performances by Rob Thomas and Tanya Gerard. The last of the shamanic selections, *Vision Quest* by Kieran DeVerniero, introduces listeners to "U-Tao-Chi" drumming, a unique integration of sacred Native American drumming combined with rhythmic healing patterns from the ancient Chinese I-Ching.

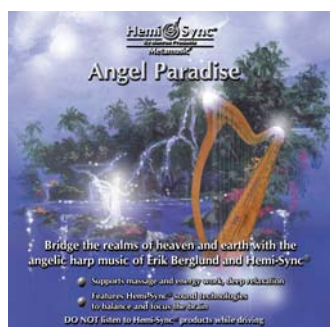
We are also very excited to introduce two titles with the much-requested instrumentation of harp and piano. Erik Berglund graces us with the celestial sounds of his Irish harp in *Angel Paradise* and the talented Catherine Marie Charlton enchants listener's with her sensual and passionate performance in *River Dawn: Piano Meditations*.

Another highlight in the **Metamusic®** lineup are three titles with a predominance of another frequently-requested instrument, the Native American flute. *Star Spirits* and *Where the Earth Touches the Stars* by Gerald Jay Markoe and his group *Ancient Brotherhood* provide a deeply relaxing alchemy of Native American flute, nature sounds and celestial soundscapes. *Desert Moon Song*, by Dean Evenson of *Soundings of the Planet*, provides us with another delicious melding of instrumental and nature sounds and is one of the first ambient recordings to pay tribute to the sacred and purifying energies of the desert.

You will also discover powerful meditative communions in the emotionally engaging music of *Radiance* by Aeolia and *Touching Grace* by Amoraea Dreamseed. Finally, you will be introduced to the delightful, highly unusual instrument, the modern-day "huaca" in *Breath of Creation*.

Outside of the **Metamusic®** arena, we have three new collaborations: *CodeName Mana*, producers of the *lightSOURCE* DVD and software have now developed the stunningly beautiful *Sacred Gaiometry with Hemi-Sync®* software. Plus we are releasing our first ever "**Heart-Sync®**" titles: *Communication with Animals* voiced by the gifted Patty Summers and *Bridge to Paradise* a heart-centered meditation voiced by Mark Macy, a well-known pioneer in instrumental transcommunications, or ITC. Finally, please note our *Lucid Dreaming Series* is now available on DVD!

Metamusic®

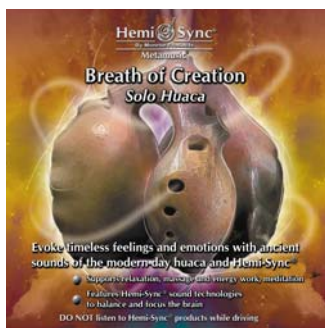


Angel Paradise

Bridge the realms of heaven and earth with the angelic harp music of Erik Berglund and Hemi-Sync. Berglund's "angelic" compositions have garnered international acclaim as divine healing and transformational gifts for humanity. Celestial energy resonates through the crystalline sounds of Berglund's Irish harp creating an inter-dimensional communion with Spirit. Angels are beings of feeling and the healing melodies brought forth through Berglund's heartfelt composition act as a conduit for angelic feelings to touch the emotions of humanity during this time of transformation. Use *Angel Paradise* for massage or energy healing work or for deep experiential meditation. Instruments featured: Irish harp. Length: 59 minutes.

ITEM# MA064CN

\$19.95 (CD)



Breath of Creation Solo Huaca

Evoke timeless feelings and emotions with ancient sounds of the modern-day huaca and Hemi-Sync®. "Huaca" is a South American native term for something holy or sacred and the hallowed sound of breath flowing through fired clay inspires this sense of sacredness. For thousands of years flute instruments from virtually every culture have been used for ritual and healing. The huaca is a radical innovation in this tradition with large chambers allowing for three-part harmony in a wind instrument for the first time. Alan Tower's hauntingly beautiful huaca compositions have an organic, primal sound quality that spans the ages of time. Instruments featured: solo huaca. Length: 62 minutes.

ITEM# MA065CN

\$19.95 (CD)



Desert Moon Song with Hemi-Sync®

A “classic” homage to the sacred and purifying energies of the desert combined with Hemi-Sync®. Dean Evenson's *Desert Moon Song* is one of the first ambient recordings to pay tribute to the desert. Native and silver flutes echo the distant call of coyotes. Harps and synthesizers evoke images of spacious landscapes creating a sense of mystery and inner calm. This delicious melding of instrumental and natural sounds completes the healing cycle at dusk with a chorus of mating frogs. The Indian rain chant is by Hopi elder Grandfather David Monoyne. Instruments featured: silver and native flutes, harp, guitar, synthesizer, percussion and nature sounds. Length: 55 minutes.

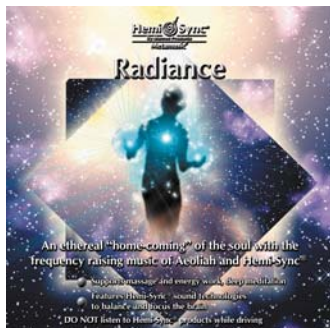
ITEM# MA066CN \$19.95 (CD)



The Dreaming Gate with Hemi-Sync®

Enter a shamanic “dreamtime” with the entrancing didgeridoo music of Inlakesh and Hemi-Sync®. Inspired by tribal cultures and ceremonial music from around the world, Rob Thomas and Tanya Gerard have raised the bar for fans of the spiritually evocative didgeridoo. Their masterful shamanic stylings are accompanied by other "dreamtime" tools to mystically weave the sonic portals of *The Dreaming Gate*. Step outside your normal reality and into a place of magic. *Welcome to the Dream*. Instruments featured: Didgeridoo, Tibetan horns, Gamelan gongs, cello, tabla drums, tambura, vocals (tracks 1 & 9), indigenous chants and highly textured soundscapes Length: 59 minutes.

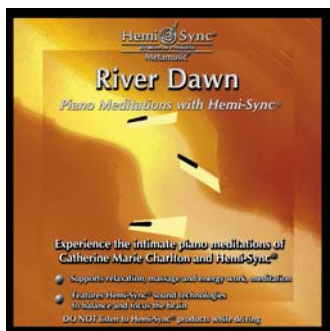
ITEM# MA067CN \$19.95 (CD)



Radiance

Immerse yourself in an ethereal “home-coming” of the soul with the frequency-raising music of Aeoliah and Hemi-Sync®. Aeoliah is internationally known for his healing and uplifting music that nurtures body, mind and spirit. *Radiance* combines the harmonizing and transcendent effects of Aeoliah's music with powerful Hemi-Sync® meditation frequencies to transport you into higher more expanded states of consciousness. The spiritual communions made possible by this divinely inspired composition are emotionally engaging; the feelings engendered deeply touching and profound. Use for massage and energy healing work or for deep, experiential meditation. Instruments featured: piano synthesizers, flute, voice and angelic choir. Length: 61 minutes.

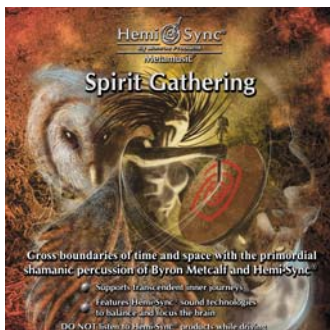
ITEM# MA068CN \$19.95 (CD)



River Dawn: Piano Meditations with Hemi-Sync®

Experience the intimate piano meditations of Catherine Marie Charlton and Hemi-Sync®. *River Dawn's* amazing depth and heartfelt emotion convey an exquisite combination of strength and tenderness that soothes and nurtures the soul. Charlton's artistic presence at the keyboard is intricately woven into her sensual and passionate performance as if it were intended just for you. Soft, but expressive, *River Dawn* is perfect for reducing stress and is an evocative sonic background for meditation. Instruments featured: solo piano. Length: 60 minutes.

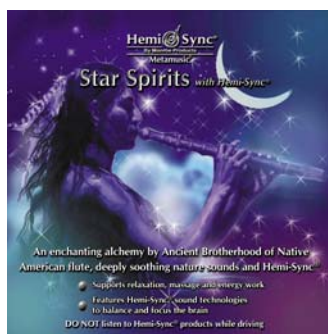
ITEM# MA069CN \$19.95 (CD)



Spirit Gathering

Cross boundaries of time and space with the primordial shamanic percussion of Byron Metcalf and Hemi-Sync®. Originally released as *Not Without Risk*, this multi-dimensional classic has been re-sequenced for its release as *Spirit Gathering*. The organic rhythms of this tribal tour de force will guide you to a center of primal power, from which all mysticism is born, and challenge you to push the boundaries of your own reality. Instruments featured: drums and percussion, flutes, ocarinas, didgeridoo, synthesizers & keyboards, voice, sonic atmospheres, and nature sounds. Length: 73 minutes. Another *Metamusic*® title by Byron Metcalf is *The Shaman's Heart with Hemi-Sync*®.

ITEM# MA070CN \$19.95 (CD)



Star Spirits with Hemi-Sync®

An enchanting alchemy of Native American flute, deeply soothing nature sounds and Hemi-Sync®. Stress and tensions melt away as you listen to the music of Gerald Jay Markoe's group, *Ancient Brotherhood*, against a background of ocean waves, babbling brooks and waterfalls. Crickets, tree frogs and other "sounds of the night" deepen your relaxation as does a soft "heartbeat" medicine drum played at 60 beats per minutes. Use for massage and energy work or anytime you feel the need to relax and recharge. Instruments featured: Native flutes, synthesizers, medicine drum and nature sounds. Length: 60 minutes. Another **Metamusic®** title by Gerald Jay Markoe's group, *Ancient Brotherhood*, is *Where the Earth Touches the Stars*.
ITEM# MA071CN \$19.95 (CD)



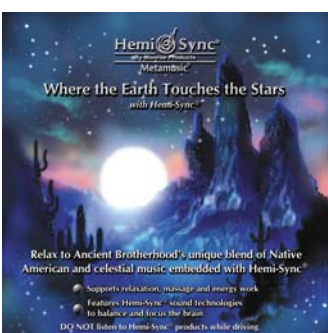
Touching Grace

Connect with mystical realms with inspired music from Amoraea Dreamseed and Hemi-Sync®. *Touching Grace* was originally released as *Antahkarana* in honor of the ancient healing and meditation symbol that has been used in Tibet and China for thousands of years. As a visual symbol, the Antahkarana was used in meditation to facilitate a connection to one's Higher Self. Similarly, *Touching Grace* is intended to facilitate a sonic connection to one's divine nature through music. Use for massage and energy healing work or for deep, experiential meditation. Instruments featured: flute, harp, percussion, singing bowls, didgeridoo, angelic vocals, soundscapes and nature sounds. Length: 53 minutes. Another **Metamusic®** title by Amoraea Dreamseed is *Dreamseed*.
ITEM# MA072CN \$19.95 (CD)



Vision Quest with Hemi-Sync®

You have entered the Sacred Circle and are surrounded by tribal elders as your vision quest begins...Spiritual drumming echoes into the depths of your soul as your energy merges with All That Is. "U-Tao-Chi" is a unique integration of sacred Native American drumming combined with newly translated rhythmic healing patterns from the ancient Chinese I-Ching hexagrams. Restore energetic balance and enhance your well-being with the harmonizing effects of this powerful fusion of Hemi-Sync® and shamanic drumming performed by Kieran DeVerniero, an Elder in the Native American church. Instruments featured: udu, various drums & percussion, shekere, wood claves, shakers, and synthesizers. Length: 67 minutes.
ITEM# MA073CN \$19.95 (CD)



Where the Earth Touches the Stars with Hemi-Sync®

Relax to a calming blend of Native American and celestial music embedded with Hemi-Sync®. Native American flutist, A. Brent Chase performs with celestial soundscapes musician Gerald Jay Markoe to create music that is grounded in the earth yet connected to the stars. This delightful composition evokes the magic and mystery of a starlit night in the desert—the awe and wonder of nature and the cosmos. It inspires a sense of harmony and unity of earth with the universe. Instruments featured: Native flutes and synthesizers. Another **Metamusic®** title by Gerald Jay Markoe's group, *Ancient Brotherhood*, is *Star Spirits*. Length: 47 minutes.
ITEM# MA074CN \$19.95 (CD)

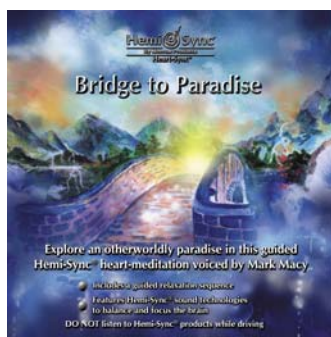
Mind Food®



Turtle Island (a bedtime story by Patricia White Buffalo and Jane Ely, Ph.D.)

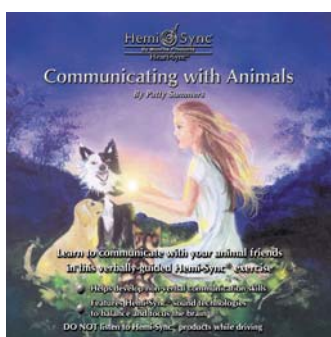
An American Indian "Creation" story for bedtime with Hemi-Sync® sleep enhancement frequencies. This delightful tale is about how "two leggeds" came to Turtle Island—the land most people know as North America. It is part of a revered Iroquois oral tradition for conveying spiritual and ancestral knowledge about the origins and history of their native culture. The narrative teaches children the importance of honoring Mother Earth and all of her creatures. Track 1: *Turtle Island* voiced by Jane Ely, Ph.D. with Hemi-Sync® sleep enhancement to guide your child into sleep. Track 2: soothing ocean surf (pink noise) with Hemi-Sync® sleep enhancement. Instruments featured: rattle, flute and drum. Length: 60 minutes.
ITEM# MF054CN \$19.95 (CD)

Heart-Sync® a new category of product



Bridge to Paradise voiced by Mark Macy

Explore an otherworldly paradise in this guided Hemi-Sync® heart-meditation voiced by Mark Macy. A miracle came to our world in the closing years of the 20th century, as scientists and researchers from different countries began to use technical equipment to get in touch with other worlds—the worlds of spirit. Remarkably, those spirit worlds began to get in touch with us through our TVs, radios, telephones, computers, and other technical devices. Mark Macy, a pioneer in this young field of research called instrumental transcommunication, or ITC, shares his vision of an extraordinary world in *Bridge to Paradise*. Length: 49 minutes. **ITEM# HS001CN \$19.95 (CD)**



Communicating with Animals voiced by Patty Summers

Learn to communicate with your animal friends in this guided Hemi-Sync® exercise. Patty Summers, author of *Talking With The Animals*, shares her insights about animal communication and teaches us how to “tune in.” We are all One and the wisdom of the animal kingdom has much to teach us about life, love and death. Track 1 features an informative narrative about inter-species telepathic communication along with some illuminating stories. Track 2 is a guided exercise for developing our innate abilities to communicate with our animal friends with whom we share the planet. *A portion of the proceeds from sales of this CD are donated to the Almost Home Pet Adoption Center, a “no-kill” facility operated by the Nelson County SPCA, Lovingson, VA.* Length: 42 minutes. **ITEM# HS002CN \$19.95 (CD)**

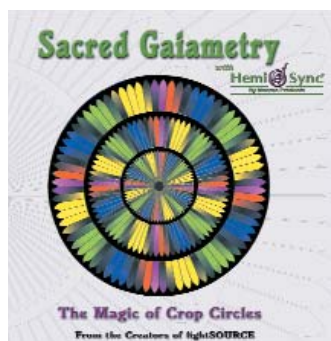
Lucid Dreaming Series now available on DVD



Lucid Dreaming Series (contains four exercises on DVD)

Lucid Dreaming provides a unique opportunity to benefit from states of expanded awareness during times we are not normally conscious. This four-exercise series on DVD is designed to teach you how to program and consciously participate in your own personal dreamscape. Clinical research suggests that focusing on the dream you wish to experience while remembering that you can consciously participate in your dream state can dramatically increase your chance of success. The *Lucid Dreaming Series* provides a substantial advantage for those interested in lucid dreaming by incorporating the Hemi-Sync® sound technologies from Monroe Products®. These exercises were designed to facilitate the brain-wave states found in naturally occurring sleep cycles. Accordingly, each of the first three exercises is 90 minutes in length. With the expanded capacity of DVD, Exercise Four is designed for a full eight-hour sleep period to support your lucid dreaming practice. **Requires a DVD player.** **ITEM# LD005D \$49.95 (DVD)**

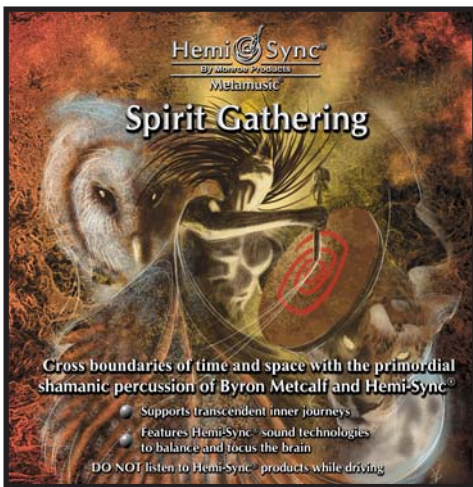
Sacred Gaiametry with Hemi-Sync®



Sacred Gaiametry with Hemi-Sync® (software for your Windows computer)

Crop circles are one of the most profound and mysterious phenomena of the modern age. Their enigmatic designs have had a powerful effect on thousands of people who have witnessed and studied them through the years. Irrespective of the origin, they have acted as a catalyst to spirituality as we strive to understand their true purpose and meaning. It has been said that crop circles are encoded with keys of great wisdom. *Sacred Gaiametry—The Magic of Crop Circles* offers a baker's dozen of these lush, powerful geometric designs, animated and vividly brought to life through exquisite technical artistry—connecting you with the very heart of this profound phenomenon. For Windows computers. Minimum system requirements: Windows XP, 200 MB hard drive space. **ITEM# LS003C \$49.95 (CD-ROM)**

A message from Monroe Products®



Following the chart-topping success of Byron Metcalf's award-winning*, *The Shaman's Heart*, Monroe Products pursued another collaboration. *Spirit Gathering* (formerly titled *Not Without Risk*) is an undisputed classic among shamanic practitioners who recognize Metcalf and company's shamanic stylings as the real deal. Good shamanic music doesn't invite your participation, it literally draws you into the experience. *Spirit Gathering* is not "meditative" in the traditional sense, it's shamanic "traveling" music—primordial tribal percussion that's intended to evoke transcendent inner journeys to push the boundaries of your own reality. Strap yourself in with a good audio system, or headphones, and let the consciousness-altering trance rhythms begin. Your immersive journey concludes with a soft landing afforded by track 8, *Light From a Burning Bridge*—an integrative "communion with Spirit" finale to complete your powerful experience of *Spirit Gathering*.

Spirit Gathering

(review excerpts and testimonials)

"[*Spirit Gathering*], the latest sonic weaving of master drummer Byron Metcalf, is a stirring multi-dimensional soundscape journey through boundless space and time. Metcalf leads the listener to that twilight edge of consciousness where psychic toxins are purged, where limitations of soul are transformed, where the heart frozen stiff with the fear of these times is recharged with the warmth, joy, and motion of life. Metcalf has created a potent, yet hauntingly beautiful sonic tapestry that's sure to transport the listener through a shamanic passage of heart and soul, into the remembered embrace of a loving universe...a sturdy and reliable tool for otherworld/innerworld work. Wear your seatbelt!"

—Frank MacEowen, author of
The Spiral of Memory & Belonging

"I have used Byron Metcalf's [*Spirit Gathering*] in shamanic divination journey work of various kinds, and have found it to be extremely valuable in taking one to the deep, at times frightening inner spaces that one often encounters in self-exploration. The deep resonant bass pulse and driving rhythms keep one moving through the changes, and provide a safe container for this kind of work."

—Ralph Metzner, Ph.D.,
author of *The Unfolding Self*

"[*Spirit Gathering*] is about communication beyond words, beyond language. It resides within the realm of pure sound, and natural rhythm. It is a multicultural, shamanic, percussive treat for the senses that can both evoke and create a mind-altering, transformative experience in listeners that are open to its deep, mysterious and sensuous grooves...the listener is left mesmerized as the last notes of *Light from a Burning Bridge* echo off into the distance.

...Byron Metcalf's music has been used extensively in experiential shamanism and journey work, various meditation practices, breathwork, trance dance, bodywork and other healing arts. Highly recommended!"

—Ben Kettlewell,
Alternate Music Press

"The second solo effort by percussionist Byron Metcalf lets out all the stops, and dives straight into the heart of percussive, juicy music with deep rhythms, a bottom that won't quit and a high-caliber production of his own design. Turn it up on a good stereo & hang on."

—Lloyd Barde, *Backroads Music*

"I love [*Spirit Gathering*]. There is such a shortage of really good, primal, powerful, organic, densely immersed and palpably dimensional drumming recordings. Sign me up!"

—Ron Tofanelli, *Sound Spaces*

"This intense, tribal percussion-heavy journey is not for the faint at heart, and while the word "shamanic music" gets used freely now, this is to be considered the real deal."

—Steve Roach, award-winning
recording artist & sonic innovator

All excerpts and testimonials reference the original release titled, *Not Without Risk*, except those by Frank MacEowen. The tracks have been re-sequenced to enhance the flow of this collaboration for its release as *Spirit Gathering* and Monroe Products has embedded a custom mix of Hemi-Sync® audio-guidance frequencies to deepen its immersive and transcendent effects. For optimum results, listen to this experiential composition in one session, preferably in a darkened, meditative environment.

Track listing: (total running time 73 min.)

- 1) *Spirit Gathering* (9:29)
- 2) *Primordial Recognition* (8:52)
- 3) *Not Without Risk* (8:02)
- 4) *Fields of Intention* (8:04)
- 5) *Medicine Story* (9:17)
- 6) *Clan Travelers* (10:39)
- 7) *Dark Brew* (7:52)
- 8) *Light From a Burning Bridge* (10:27)

**The Shaman's Heart* won the 2006 Coalition of Visionary Resources (COVR) award for best *Innerspace/ Meditational/ Healing CD*. Other shamanic titles released this year include: *The Dreaming Gate* with Hemi-Sync® by Inlakesh and *Vision Quest* by Kieran DeVerniero.